

10 Things You Can Actually Grow on a Windowsill



1. Microgreens (Sunflower, Radish, Pea Shoots)

- * **Pot:** Shallow tray 5cm (2in) deep - a takeaway container works
- * **Light:** 4-6 hours indirect light (grow light also works)
- * **Harvest:** 7-14 days
- * **Watch out:** Mould from overwatering - mist or bottom-water only

2. Radishes (Cherry Belle or French Breakfast)

- * **Pot:** 15cm (6in) deep x 20cm wide - depth cannot be skipped
- * **Light:** 6 hours direct sun
- * **Harvest:** 22-30 days
- * **Watch out:** Too-shallow pot causes forked or cracked roots

3. Green Onions / Scallions

- * **Pot:** 10cm (4in) deep - almost anything works
- * **Light:** 4-6 hours direct or bright indirect
- * **Harvest:** 21 days (scraps); 60-70 days (seed)
- * **Watch out:** Change water every 2 days at glass stage or roots rot

4. Loose-Leaf Lettuce (Butterhead, Oak Leaf, Red Sails)

- * **Pot:** 15cm (6in) deep x 25cm wide
- * **Light:** 4-6 hours - one of the most tolerant on this list
- * **Harvest:** 30-45 days, then keep cutting outer leaves
- * **Watch out:** Heat above 24C (75F) turns it bitter fast

5. Chives

- * **Pot:** 15cm (6in) deep and wide
- * **Light:** 6 hours direct sun
- * **Harvest:** 30 days (transplant); 60+ days (seed)
- * **Watch out:** Overwatering causes silent root rot - when in doubt, wait

6. Baby Spinach (Bloomsdale or dwarf variety)

- * **Pot:** 15cm (6in) deep x 20cm wide
- * **Light:** 4-6 hours direct sun
- * **Harvest:** 40-50 days for baby leaves
- * **Watch out:** Warmth + irregular watering together causes bolting

7. Basil (Sweet Genovese)

- * **Pot:** 15cm (6in) deep and wide per plant
- * **Light:** 6-8 hours direct sun - this one genuinely needs it
- * **Harvest:** 21-28 days from transplant
- * **Watch out:** Cold below 10C (50F) kills it; keep off cold glass in winter

8. Cherry Tomatoes (Tumbling Tom, Tiny Tim)

- * **Pot:** 25-30cm (10-12in) deep and wide per plant
- * **Light:** 8 hours direct sun minimum - south-facing only
- * **Harvest:** 55-70 days from transplant
- * **Watch out:** Inconsistent watering cracks and drops fruit

9. Dwarf Kale (Dwarf Blue Curled or Red Russian)

- * **Pot:** 25cm (10in) deep and wide
- * **Light:** 6 hours direct sun
- * **Harvest:** 50-70 days, then keep cutting outer leaves
- * **Watch out:** Aphids on leaf undersides - check weekly, remove by hand

10. Dwarf Chilli Peppers (Prairie Fire, Numex Twilight)

- * **Pot:** 20cm (8in) deep and wide
- * **Light:** 8 hours direct sun minimum
- * **Harvest:** 70-90 days from transplant
- * **Watch out:** Low light means leaves but no flowers or fruit

What You Need to Start

- Container with drainage hole
- Multipurpose potting mix
- Saucer under container (empty within 30 min of watering)
- Seeds or seedlings
- Your finger (press 2cm into soil before every water)



Start with microgreens or scallions - results in under 2 weeks

Always test soil with your finger before watering

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